

News Release



Date:

29, 2026

Thursday, October

District: [05](#) – Santa Barbara, San Luis Obispo, Monterey, San Benito, and Santa Cruz Counties

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FOR IMMEDIATE RELEASE

MORRO BAY TRIATHLON SUNDAY, NOVEMBER 1 TO RESULT IN LANE CLOSURES ON HIGHWAY 1 BETWEEN MORRO BAY AND CAYUCOS

SAN LUIS OBISPO COUNTY — Travelers in both directions of Highway 1 between Morro Bay and Cayucos are urged to be alert for cyclists participating in the 2026 Morro Bay Triathlon on Sunday, November 1. Travelers on Highway 1 will encounter a closure of the #2 (right) lane between Morro Bay and Cayucos from 8 a.m. to 12 p.m., to allow for a dedicated lane for competitors in the cycling portion of the triathlon.

Traffic signals along highway 1 through Morro Bay are set to blinking red for the event. CHP and flaggers will be on site to assist with traffic control. Message and directional signs will alert travelers in advance of the areas under traffic control.

Morro Bay Triathlon is a local community event that brings in over 900 competitors and spectators from the local community and outside the community. Additional information can be found at the following link: [Morro Bay Triathlon - Morro Bay Tri - November 2026 - California Fall Triathlon Olympic + Spring + Paddle / SUP](#)

Road information and updates can also be found on Caltrans District 5 Social Media platforms: X/Twitter at: [@CaltransD5](#), Facebook at: Caltrans Central Coast (District 5) and Instagram at: [Caltrans_D5](#).

**Our crews deserve to get home safely too.
Drive slowly and carefully in work zones.**

CHP Traffic Incident Information Page: <http://cad.chp.ca.gov>
Traveler information at: <https://quickmap.dot.ca.gov/>

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