



**COUNTY OF SAN LUIS OBISPO HEALTH AGENCY
BEHAVIORAL HEALTH DEPARTMENT**

FOR IMMEDIATE RELEASE

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Community Libraries Host Gallery to Spotlight Mental Wellness and Substance Use Awareness
*A Collaborative Initiative to Foster Understanding and Support for Mental Health Challenges and
Substance Use Issues within Our Communities*

SAN LUIS OBISPO, Calif. --- The San Luis Obispo County Behavioral Health Department today unveiled a new partnership with County Libraries, set to launch throughout April. Together, they will be showcasing "Awareness Galleries" dedicated to mental wellness and substance use. These free exhibits are designed to educate the public on stress management techniques, as well as provide information on alcohol, cannabis, and opioid use, with a focus on overdose prevention.

"We are proud to bring these important topics to visitors of our local libraries," said County Behavioral Health Director Star Graber, PhD. "The Behavioral Health Department is committed to partnering with unique organizations to educate and provide meaningful resources. These partnerships allow us to connect with new community members who may need our support and services."

The informative galleries, which are on display at County branches in Cambria, Los Osos, and Nipomo, not only coincide with Stress Awareness, National Alcohol Awareness and National Distracted Driving Awareness month campaigns, but also support topics found in books on display.

The free, interactive gallery runs through April 30th and is available in English and Spanish. For more information about behavioral health resources and services, please visit slobehavioralhealth.org.

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